

Joanne MacPherson

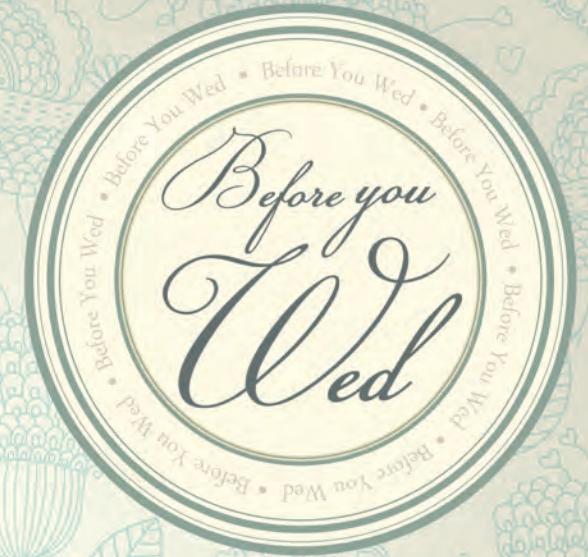
Joanne is the Director of the Community Counseling Center at St. Luke's. She believes in the value of a committed, long-term relationship and views marriage as an ongoing catalyst for personal self-growth.

Joanne is a licensed mental health counselor, sex therapist, Eye Movement Desensitization Response (EMDR) specialist and certified in domestic violence treatment. She has a masters in counseling, a masters in education, a national certification in addictions and hypnotherapy, and a doctorate in psychology. Joanne also makes presentations and gives workshops on relationships, parenting and self-growth.

Lisa Beilman

Lisa Beilman is a Licensed Nationally Certified Counselor, Licensed Mental Health Counselor, a member of the American Counseling Association and Chi Sigma Iota. She received her Bachelor of Arts Degree in Psychology and her Master of Arts Degree in Counseling at Rollins College in Winter Park. Lisa has extensive experience with couples counseling and enjoys teaching premarital counseling. In addition to Lisa's work with couples she also sees people for stress, anxiety, self-esteem and depression. Lisa practices from a person-centered approach providing clients a safe, confidential and non-judgmental environment in which to express, explore and practice making changes in their lives.

4851 S. Apopka-Vineland Road
Orlando, Florida 32819



A four-session premarital course designed for couples making the commitment to marriage.





What to expect from this four session course:

Sessions 1 & 2: Personality Style

The focus of these sessions is learning your style and your partner's style in communication, decision-making and managing time using the Myers-Briggs Personality Inventory.

Productive Communication

The effect of personality type and communication is discussed. Specific communicating techniques are taught and practiced.

Decisions & Conflict Resolution

Differences in decision-making and how to resolve the conflicts that may arise are discussed. Conflict management techniques are presented.

Session 3: Individual Couple Meeting

The couple will meet alone with a counselor to discuss the unique aspects of their relationship.

Session 4: Planning Your Wedding

This session is scheduled at the mutual convenience of the couple and the pastor to discuss specific wedding details.

Couples must complete sessions 1,2 & 3 to receive their premarital certificate.

Marriage is a unique and special commitment for couples who want to share their life together and create their own family. Christian marriage requires love, faith, shared goals and values along with an ongoing commitment to each other. Because each of us continues to grow and change during married life, knowing how to compromise and negotiate helps provide a strong foundation for your life together. The St. Luke's Before You Wed premarital counseling classes will help you gain greater insight into yourselves, your relationship, how to work together during good times and tough times as well as the role the church plays in support of your marriage.

The Community Counseling Center at St. Luke's

The Community Counseling Center at St. Luke's is a supportive counseling center that offers counseling services to everyone. The Center respects the universal values of healing, wholeness, caring, confidentiality and the beliefs of each individual client. Clients do not need to be members of St. Luke's or any other church. The Community Counseling Center offers a variety of counselors who offer therapy for depression, anxiety, relationships, and parenting to anyone looking for comfort, guidance and non-judgmental support. For more information about our services please call The Community Counseling Center at St. Luke's at 407-876-4991 ext. 250. or visit us online at: st.lukes.org/Ministries/Counseling.



Bride's Name _____

Address _____

City _____ State _____ Zip _____

Work Phone _____

Home Phone _____

Email _____

Groom's Name _____

Address _____

City _____ State _____ Zip _____

Work Phone _____

Home Phone _____

Email _____

Registration

The cost for Before You Wed is \$175 per couple. Please return your completed registration form with a check or money order (payable to St. Luke's Community Counseling Center) to: Community Counseling Center at St. Luke's 4851 S. Apopka Vineland Road Orlando, FL 32819

